



# HORSHAM NEIGHBOURHOOD HOUSE NEWS

Term 2 Newsletter

April 2022

Welcome to Term 2 2022.

We have had a very busy Term 1 at Horsham Neighbourhood House with lots of exciting programs running at the house. A big thank you to everyone who has come to anything held during this time. Your support of the Neighbourhood House is greatly appreciated.

We have some great new programs for Term 2 and look forward to many of you coming back and meeting new people this Term as well.

Our Neighbourhood House is open to the Public from 10am-5pm Monday to Friday.

*To keep up to date on everything happening at the Neighbourhood House don't forget to like and check out our Facebook Page*

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**Welcome to Autumn**



# Term 2 Programs

We are looking forward to bringing members of the community together again through a range of groups, classes activities and events. These activities will include some free programs and some where you will have to pay for.

Contact the Office for more information about any of the programs.



## First Aid and CPR Training

All Accredited First Aid Training is offered by Rich River First Aid. Training and assessment conducted by Casey Kosch under Rich River First Aid responsibility and direction.

**Date: Monday 11 July 2022**

**CPR Refresher 10am to 12pm First Aid 10am to 4pm**

Strictly Limited Spots Available

Proof of ID, USI and email address is required

Some online pre-course training for First Aid is required

Please enrol and pay by Monday 4 July

Full course \$190

CPR Refresher \$90

For enquiries or bookings please call Horsham Neighbourhood House on 03 5382 5352 or [hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)



## Food Safety Level 1

Food Safety Handler– SITXFSA001, HLTFSE001

Training and Assessment by CFT International RTO 21120

Food Hygiene awareness is a requirement for all persons handling, preparing and storing food in the workplace or volunteer positions.

**Date Monday 27 June 2022**

**Time 2-5pm**

**Cost \$95 payment required on enrolment**

**Please pay and enrol by Monday 20 June 2022**

Hard copy training material available

Strictly limited spots available

Proof of ID, USI and email address required

Training delivered with the support of Horsham Neighbourhood House

For enquiries and bookings contact

Horsham Neighbourhood House

13 Robin St

03 5382 5352

[hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)



### Horsham Neighbourhood House Walkers



Adult and Children walking group every Tuesday morning.

Meet at the 9am out the front of the Neighbourhood House.

Have fun, meet others and enjoy some exercise.

All welcome!

**Be Connected**  
Every Australian online.

Ask us about Be Connected and how it can help you.



More events will be added during the term. Be sure to like us on Facebook to keep up to date!

# Term 2 Programs continued



**Fun Wednesday Afternoons**

1 -4pm

Jigsaws, Colouring and Craft

**Please note change in day for Term 2**

## Human and Animal First Aid Training

\* Strictly Limited Spots Available

Tuesday 5th July 2022

Session 1 9am-12pm

Session 2 1-4pm

3 hr sessions (1.5 hrs Humans, 1.5hrs Animals)

For Children aged 9-13 years old

Horsham Neighbourhood House

13 Robin St Horsham

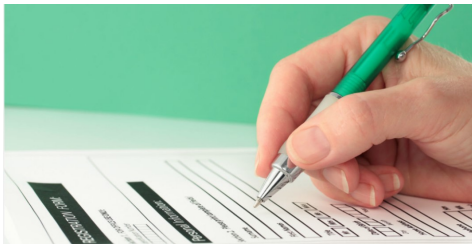
Training Provided by Casey Kosch First Aid and Your Family Vet

Bookings [caseykoschfirstaid.com.au](http://caseykoschfirstaid.com.au)

remember to click on the shopping cart )



For more information contact Horsham Neighbourhood House office on 5382 5352



**Need help filling in forms. Contact the Office and make an appointment.**



**Need help with setting up a myGov account or updating it, we can help. Contact the Office and make an appointment.**



More events will be added during the term. Be sure to like us on Facebook to keep up to date!



## Handmade Craft Afternoon

Want to be creative and join other likeminded people....

Fun afternoon of crafts at Horsham Neighbourhood House

**Friday 29 April 1.30-4.30pm**

(13 Robin St Horsham)

All materials supplied.

\$10 per Participant

For more information contact 03 5382 5352



Horsham Neighbourhood House

# Book Club

The Hitchhiker's guide to books with friends

Last Friday of the Month

3:30pm - 5:00pm

Tea and coffee provided

13-15 Robin Street, Horsham

hello@horshamnh.com.au

(03) 5382 5352

## More Term 2 Programs

### What can I use a No Interest Loan for?

Loans are available up to \$1,500 for essential goods and services including:

Household items

Car Repairs & Registration

Medical & Dental

Technology

Furniture

Education

Visit us online at [www.nhvic.org.au/nils](http://www.nhvic.org.au/nils)

Good Shepherd

Brought to you by

### MoneyMinded

**RUNNING 4, 11, 18 & 25 MAY**  
**9.30AM TO 2.30PM**  
**Course is free for participants**

- Know yourself
- Spend wisely
- Clarify your goal
- Plan your spending
- Bank Smart
- Avoid Dangerous Debt
- Watch out for Credit Cards
- Plan for your future

Money Minded is an education program that builds knowledge and confidence to help you make informed decisions about how to manage money

"I feel more in control and I know that I can do anything within reason. I use what I've got much more wisely."

Develop your money skills for free with **MoneyMinded™**

If you're looking to create a budget, reduce your debt or save more regularly, **MoneyMinded** can help you get there.

MoneyMinded has helped more than 725,000 people manage their money better.

9 in 10 people who completed MoneyMinded Online say they were able to better deal with financial problems after the program.

Please call or email for more information or to register for course (limited spots)

Horsham Neighbourhood House  
 13 Robin St  
 Horsham Vic. 3400  
 03 5382 5352  
 hello@horshamnh.com.au

Want more information? Ask us and we can help.

# More Term 2 Programs

## Winter School Holiday Program

For School aged children

### Board Games

Time to beat the winter blues. Bring your board games, use ours,. Come along and join others and enjoy an afternoon with other children playing board games at Horsham Neighbourhood House.

Some board games supplied, you can bring some to share too.

Thursday 7 July 2022

1.30-4.30pm

Horsham Neighbourhood House

\$2 per participant

For bookings and enquires contact

Horsham Neighbourhood House

13 Robin St

03 5382 5352 [hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)



## School Holiday fun for Primary School Aged Children

Ages 5-12

### Winter Craft Afternoon

Come along and join other children and make some winter crafts during school holidays.

All materials supplied

Tuesday 28 June

2-4pm

\$2 per participant

At Horsham Neighbourhood House

For bookings or enquiries contact

Horsham Neighbourhood House

13 Robin St

035382 5352 [hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)



**Safe Seats  
Safe Kids**

**IS YOUR CHILD  
TRAVELLING SAFELY?**

**FREE CHILD CAR RESTRAINT FITTINGS  
& SAFETY CHECKS**

- ▶ Horsham Neighbourhood House, 13 - 15 Robin Street  
Friday 20 May 2022 between 12pm and 4pm.  
To book go to [www.safeseatssafekids.com.au](http://www.safeseatssafekids.com.au)



find out more at [safeseatssafekids.com.au](http://safeseatssafekids.com.au)



Horsham Neighbourhood has Laptops available for community use during business hours. Contact the office for more details.

# Horsham Neighbourhood House Information Page

## Free JP Service

by appointment only community access to a JP ( Justice of the Peace) once a month on the 4th Thursday of every Month at Horsham Neighbourhood House (24 February, 24 March, 28 April, 26 May, 30 June, 28 July, 25 August, 22 September, 27 October, 24 November and 15 December.)

Appointments between 10am and 12pm.

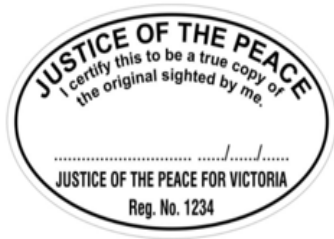
### What is a JP.

A JP is trained to act as an independent and objective witness to documents used for official or legal purposes and can assist you by:

- attesting the execution of a document
- witnessing a statutory declaration
- witnessing an affidavit for use in court
- certifying true copies of an original document
- certifying a person's identity.

Best of all, the service of a JP is free for all community members.

If you need access to a JP outside these times, contact the Office at the Neighbourhood House and they can help you find a local JP.



## Printing and Office Services available at

### Horsham Neighbourhood House

#### Scanning/Emailing

1-10 pages	\$1
10+ pages	\$2

#### Laminating

A4	\$1.50
A3	\$3

#### Photocopying and printing Single Side Double Sided

A4 black and white	20c	40c
A3 black and white	40c	80c
A4 colour	50c	\$1.00
A3 colour	80c	\$2.00

**FREE computer and Internet available during opening hours**



The Translating and Interpreting Service (TIS National) is an interpreting service for people who do not speak English and for agencies and businesses that need to communicate with their non-English speaking clients. Our services enable non-English speakers to independently access services and information in Australia.

If you need to utilise this service Horsham Neighbourhood House can help you. Contact the office for more information.



OUR NEW WEBSITE HAS  
**LAUNCHED**

Check out our new website launched last month

<https://horshamnh.com.au/>

And our new email address: [hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)

A helpful tip

If you aren't getting our emails check your junk/spam folders our emails may be going there

## Some Autumn and Winter energy saving tips...



Did you know the average Australian home uses about 40% of their energy bill on heating and cooling, you can put a plan in place to save this winter. Even small changes to the way you heat your home can lead to some helpful savings, so here are five easy handy tips:

- Only heat the rooms you use most – reduce the area you heat by closing doors to rooms you're not using, so you'll use less energy to heat the rest of the house.
- Keep your thermostat on your heating between 18°C and 20°C – every degree you reduce heat can save up to 10% on your energy use.
- Keep showers short – hot water usage accounts for around 21% of your energy bill, so having shorter showers can result in big savings in the long run.
- Use a draught stopper – if cold air is getting in, warm air is getting out. Invest in door seals, draught-proofing strips and door snakes to stop heat escaping and reduce your heating costs by up to 25%.
- Close your curtains – shutting curtains or blinds is an easy way to stop heat escaping. Windows can let more than 40% of your winter warmth leak out of your home.



## Share your ideas with us....

Do you have a skill you would like to share or is there something you would like to learn?  
Let us know so that we can work with you to try and make it happen.

Get the latest information about coronavirus (COVID-19)

Visit [www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)  
If you have questions, call 1800 675 398

**Neighbourhood House Week** 9-15 May 2022  
Building resilience by bringing people together

## Mission and Vision

Horsham Neighbourhood House has servicing and supporting our local community for over 35 years now.

Our mission is committed to providing a safe, inclusive and supportive environment where community can gather for professional development, social engagement and personal growth and to connect with other services.

Our vision is to connect with and to respond to the changing needs of our increasingly diverse community by offering accessible and affordable opportunities for learning, personal development, social interaction and support. Horsham Neighbourhood House looks to foster cooperative community partnerships.

## Room Hire

Horsham Neighbourhood House has a variety of room hire options with table and seating arrangements and equipment suitable for conducting meetings or training. Please contact the Office to discuss your needs and rates.

### Contact Us

Give us a call for more information about our services and programs.

#### Horsham Neighbourhood House

13-15 Robin St  
Horsham Vic. 3400

(03) 5382 5352 [hello@horshamnh.com.au](mailto:hello@horshamnh.com.au)

<https://horshamnh.com.au/>

Office Hours Monday to Friday 10am –5pm

Manager: Charlie Helyar

## Useful local phone numbers....

Horsham Neighbourhood House  
5382 5352

Horsham Police Station 5382 9200

Non Urgent Police Helpline 13 14 44

Wimmera Base Hospital 5381 9111

Emergency (Fire Ambulance or Police)  
000

Lister House Clinic 5382 0011

Tristar Medical Group 5382 3400

Read Street Medical Clinic 5381 9090

Horsham Rural City Council 5382 9777

Emma Kealy MP (Member for Lowan)  
Office 5382 0097

